

## About Us



## Who we are

St Michael's Fellowship works with disadvantaged families in London and the south east to improve their lives and futures and to secure the best possible future for their children. We have a head office in Streatham, south London and have three services to help families change their lives: family assessments and support **in residency** and **the community**; **'Jigsaw'**, a family contact service to keep families together where possible; and **outreach** to young parents in Lambeth.

We aim to break intergenerational cycles of poverty and underachievement so that children may be healthy, confident and financially independent citizens.

*"If there's a parent in you, they'll find it!"* parent.

## How we work

We work holistically, offering parents practical, therapeutic and emotional support that is tailored to their individual needs and takes account of their changing circumstances. There is no 'one size fits all'. Our support may be relatively straightforward, such as helping a young mother update her CV. Or it may be much more complex, offering a wide range of support and agency contact for a young parent with issues reaching back into their own childhood.

## The Need for Our Work

Parents may be very young; have mental health issues or learning difficulty; have little in the way of support networks from family or friends. They may have experienced violence or abuse, from within their families and from partners. They may have had previous children removed. Without skilled support, they are unable to care for and nurture their children. These children in turn grow up with no knowledge of how to parent and so the cycle continues.

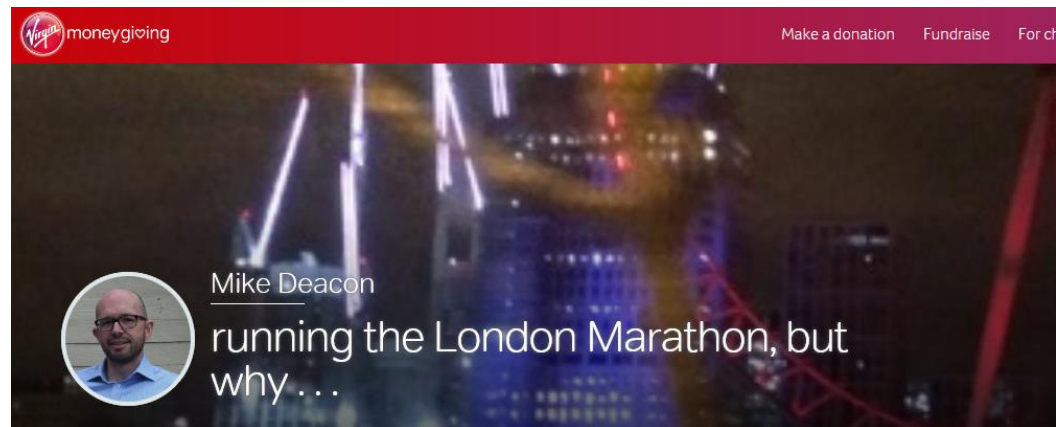
The cost to the public purse is huge. Every child taken into care costs society nearly £50,000 a year. This sum spirals when longer term outcomes for the family, including subsequent children, are considered.

You can read about the **impact of our work here**.

Our **annual accounts and the trustees' report** are available from the Charity Commission

*The above extracts were taken from the St Michael's Fellowship website, where you can read more of the vital work of this charity:*

<https://stmichaelsfellowship.org.uk/?q=about-StMichaelsFellowship>



Hi, thanks for your interest in reading this.

I'm running the London Marathon 2018 for two reasons:

Firstly, because I've turned 50, and just want to see if I can do it!

Secondly, I want to raise money for St Michael's Fellowship.

**St Michael's Fellowship is a charity which works with disadvantaged families in London and the south east to improve their lives and futures and to secure the best possible future for their children. For more details of their work, please visit: [stmichaelsfellowship.org.uk](http://stmichaelsfellowship.org.uk) – or read inside . . .**

Through Virgin Money Giving, you can sponsor me and donations will be quickly processed and passed to St Michael's Fellowship.

Please sponsor me by donating at:

[https://uk.virginmoneygiving.com/Mike\\_Deacon\\_Marathon\\_4\\_St\\_Michaels\\_Fellowship](https://uk.virginmoneygiving.com/Mike_Deacon_Marathon_4_St_Michaels_Fellowship)

Virgin Money Giving is a not for profit organisation and will claim gift aid on a charity's behalf where the donor is eligible for this. I really appreciate all your support and thank you for any donations.

*Mike*